

# Request to Restrict the Use and/or Disclosure of an Individual's Protected Health Information

Health Insurance Portability and Accountability Act of 1996  
45 CFR 160 §164.522

**Please fill in**

Individual's First and Last Name \_\_\_\_\_

Hill Physicians MR Number: \_\_\_\_\_

I, \_\_\_\_\_ request that Hill Physicians Medical Group, and any of its business associates, who has, will have or may have had access to my protected health information, as contained within the Hill Physicians' designated record set, restrict the current or future use and/or disclosure of my protected health information as follows:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I understand that Hill Physicians is not required to agree to this requested restriction and that any denial of this restriction will be communicated to me in accordance with Hill Physicians' policies and procedures.

I understand that if Hill Physicians accepts the above restriction request, the restriction may be terminated in the following manner:

1. By Hill Physicians', or their business associate's, or my written request and acceptance of the termination; or
2. By Hill Physicians', or their business associate's, oral request and my oral acceptance of the request along with written documentation of the conversation; or
3. Upon notification from Hill Physicians, or their business associate, that the restriction agreement is being terminated; however, such termination is only effective for protected health information created on or after the date on which I received notice of the restriction termination.

Dated \_\_\_\_\_ By: \_\_\_\_\_  
Signature

\_\_\_\_\_  
Print your name

**Please fill in**

I am the authorized representative of \_\_\_\_\_

I am making this restriction request for and on behalf of the above Individual for the

following reason: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Dated \_\_\_\_\_ By: \_\_\_\_\_  
Signature

Relationship \_\_\_\_\_ Print your name \_\_\_\_\_

Please return this form to Hill Physicians by mail or fax:

**Mail**

Hill Physicians Medical Group  
Attn: Director, Customer Service  
P.O. Box 5080  
San Ramon, CA 94583

**Fax**

(925) 327-6626  
Attn: Director, Customer Service